

## First Case of *Trichoderma longibrachiatum* Infection in a Renal Transplant Recipient in Tunisia and Review of the literature

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Premier cas d'infection à *Trichoderma longibrachiatum* chez un transplanté rénal en Tunisie et revue de littérature

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### R É S U M É

**Prérequis :** *Trichoderma* est un champignon filamenteux, longtemps considéré comme un contaminant des cultures. Récemment, avec l'augmentation du nombre de patients à risque, il est décrit comme un pathogène émergent chez les sujets immunodéprimés. *Trichoderma longibrachiatum* est l'espèce la plus fréquemment impliquée dans les infections à *Trichoderma*.

**But :** Nous rapportons le premier cas tunisien d'une infection cutanée à *Trichoderma longibrachiatum*

**Observation :** Il s'agit d'un homme, âgé de 46 ans, transplanté rénal. Le champignon a été isolé à partir d'un abcès inguinal et, également de la biopsie cutanée. L'identification de l'espèce a bénéficié d'une approche moléculaire. Les tests de sensibilité du champignon aux antifongiques réalisés selon la méthode standardisée du Comité Européen a révélé que l'organisme était résistant à l'itraconazole, intermédiaire à l'amphotéricine B et sensible au voriconazole, au posaconazole et à la caspofungine. L'infection a bien évolué sous voriconazole.

### M O T S - C L É S

*Trichoderma longibrachiatum*; Transplantation rénale; Tunisie ; Infection de la peau

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### S U M M A R Y

**Background :** *Trichoderma* species are filamentous fungi that were previously considered to be culture contaminants. Recently, with the increasing number of risk population, they are described as an emerging pathogen in immunocompromised patients. *Trichoderma longibrachiatum* is the most common species involved in *Trichoderma* infections.

**Aim :** Here, we report the first case in Tunisia of skin infection caused by *Trichoderma longibrachiatum* in a renal transplant recipient.

**Case :** The fungus was isolated from fluid puncture of an inguinal abscess and from skin biopsy from a 46-year-old male patient who had been receiving immunosuppressive therapy. Species identification benefited from a molecular approach. Susceptibility tests performed with the use of the European Committee on Antimicrobial Susceptibility Testing standardized methodology revealed that the organism is resistant to itraconazole, intermediate to amphotericin B and sensitive to voriconazole, posaconazole and caspofungin. The infection was successfully treated with voriconazole.

### K E Y - W O R D S

*Trichoderma longibrachiatum*; kidney transplantation; Tunisia; Skin diseases, infectious

Trichoderma (T.) species are saprophytic filamentous fungi with worldwide distribution in the soil, plant material, decaying vegetation and wood. They are used in biotechnology as sources of enzymes [1] and antibiotics [2]. Moreover, they are applied to agricultural crops as plant growth promoters and biofungicides [3]. But actually, Trichoderma shows increasing medical importance as an opportunistic human pathogen particularly in immunocompromised patients. Trichoderma species can cause localized infections, such as pulmonary mycetoma, peritonitis, sinusitis, otitis, or brain abscess, and fatal disseminated disease. These infections are characterized by the presence of fine septate hyphae in tissue sections, entities called hyalohyphomycosis, for which differential diagnosis with invasive aspergillosis is difficult.

T. longibrachiatum had been identified as the causal agent in the majority of reported Trichoderma mycoses. We report the first case of Trichoderma longibrachiatum skin infection in Tunisia, in a renal transplant patient. This report is the fourth report documenting this species of Trichoderma as an etiologic agent of infection in an immunocompromised host after solid-organ transplant, and the second to suggest the skin lesion as a portal of entry.

## CASE REPORT

A 46-year-old Tunisian male was diagnosed with chronic renal failure in 2002, the cause of the nephropathy was not identified. He started haemodialysis at the hospital between May 2005 and March 2007. Through the period of dialysis, he needed multiple periodic blood product transfusions because of severe anaemia. Then, he underwent a renal transplantation in March 2007. Immunosuppressive therapy included solumedrol, anti-thymocyte globulin (Thymoglobuline, Fresenius) and mycophenolate mofetil (MMF). Prograf was introduced at day 13 post transplantation. The patient's initial course post transplantation was complicated by insulin-dependant diabetes, anaemia showing heterozygote sickle cell disease and cytolysis with cholestasis presumed to be secondary to medications. He was discharged from the hospital 63 days after transplantation; his medications were prograf and prednisone.

Ten months after transplantation, the patient was admitted for pneumonia of the right upper lobe and abscess in the right arm. Nocardia was isolated from the fluid puncture of the arm's abscess. He was successfully treated with imipenem and amikacyn.

During hospitalisation the patient showed an inguinal intertrigo; a local treatment (terbinafin) was administered, without any improvement.

The patient was admitted a second time, 13 months post transplantation for a suprapubic abscess next to the old intertrigo lesion. A direct microscopic examination of fluid puncture, revealed the presence of fungal septate hyphae. The culture of all samples with use of Sabouraud dextrose agar at 35°C yielded a fungus identified as a Trichoderma species on the basis of microscopic examination. A skin biopsy performed

further showed the same fungal septate hyphae. No bacterial organisms were isolated from the culture of the specimens.

Fluconazole was administered at a dosage of 100 mg daily for 24 days. Following the antifungal susceptibility testing, fluconazole was replaced by voriconazole at a dosage of 400mg per day and the patient received this treatment over a 52-day period.

The patient tolerated the treatment, and he completely recovered.

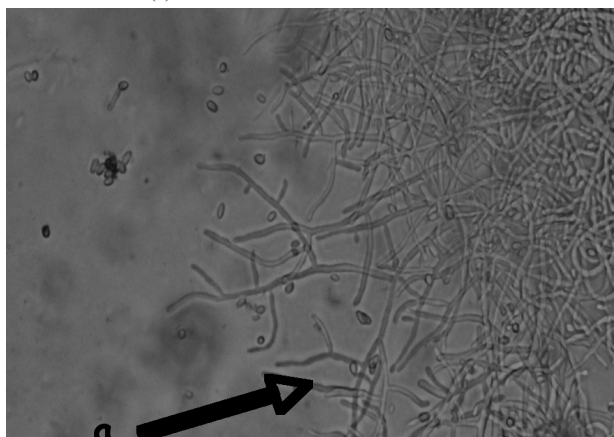
## Mycology study

The fungal isolates were cultured on Sabouraud chloramphenicol and Sabouraud cycloheximide. A rapidly growing fungal organism was observed at 48 and 72h of incubation at 35 and 27°C.

The colonies were floccose with concentric white and pale green to green rings. The colony reverse was colourless. The appearance was initially suggestive, although not characteristic, of Aspergillus sp.

Microscopically, the hyphae were smooth, septate and ramified with long conidiophores branched at wide angles and flask-shaped phialides (Figures 1 and 2).

**Figure 1:** Microscopic examination showing conidiophores long branched whorl (a)



**Figure 2:** Microscopic examination showing pins shaped bottles in groups of 3 (b) and conidia grouped into "false head" (c).

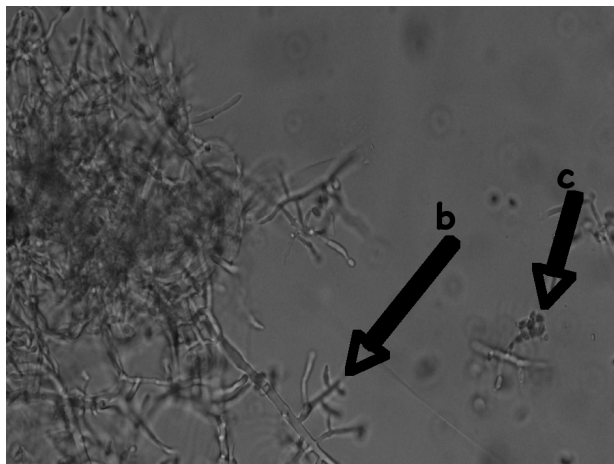


Table1: Clinical characteristics of systemic and disseminated infections due to *Trichoderma* species

| Case  | Rd         | Yr   | Age (yr) | Sex | Underlying condition(s)   | Fungal infection                             | Fungal species             | Treatment  | Outcome                                    |
|---|------------|------|----------|-----|---|--|----------------------------|--|--|
| 1   | 7          | 2006 | 67       | M   | End-stage renal disease due to diabetic, CAPD                           | Peritonitis                                  | <i>T. longibrachiatum</i>  | Anti-fungal  | Survived                                   |
| 2   | 8          | 2004 | 13       | F   | Glomerulonecrosis, peritoneal dialysis                                  | Peritonitis                                  | <i>T. longibrachiatum</i>  | AmB  | Died unrelated to fungal disease           |
| 3   | 9          | 1995 | 48       | M   | Systemic vasculitis, renal transplant, CAPD                             | Peritonitis                                  | <i>T. longibrachiatum</i>  | AmB  | Died (day 28)                              |
| 4   | 10         | 1983 | 47       | F   | Amyloidosis, Renal failure, CAPD  | Peritonitis                                  | <i>T. viride</i>           | AmB  | Died (day 11)                              |
| 5   | 11         | 1996 | 40       | M   | Diabetic nephropathy, CAPD  | Peritonitis                                  | <i>T. koningi</i>          | Catheter removal, Fluconazole, fluconazole, and amphotericin B | Death                                      |
| 6   | 12         | 1984 | 63       | F   | Chronic renal failure, CAPD   | Peritonitis                                  | <i>T. koningi</i>          | Miconazole, catheter removal                                   | Survived                                   |
| 7   | 13         | 2000 | 33       | M   | IgA nephropathy, CAPD   | Peritonitis                                  | <i>T. pseudokoningi</i>    | Removal of catheter  | Cure                                       |
| 8   | 14         | 1996 | 82       | M   | Non-insulin-dependent diabetes  | Peritonitis                                  | <i>T. harzianum</i>        | Ketoconazole, ip fluconazole                                   | Death                                      |
| 9   | 15         | 2003 | NK       | NK  | CAPD  | Peritonitis                                  | <i>Trichoderma</i> spp.    | Catheter removal and amphotericin B                            | Death                                      |
| 10  | 16         | 1998 | NK       | NK  | CAPD  | Peritonitis                                  | <i>Trichoderma</i> spp.    | Catheter removal   | Cure                                       |
| Opportunistic infection in immunocompromised patients |            |      |          |     |   |  |                            |  |  |
| After solid-organ transplantation                     |            |      |          |     |   |  |                            |  |  |
| 11  | This study |      | 2009     | 46  | M   | Renal transplant, insulin-dependent diabetes | Skin infection             | <i>T. longibrachiatum</i>                                      | Healed                                     |
| 12  | 17         | 1998 | 63       | F   | Liver transplant because of hepatitis C virus induced cirrhosis         | Sub-epigastri hepatic collection             | <i>T. longibrachiatum</i>  | Surgical debridement, posidonone iodine                        | Cure                                       |
| 13  | 17         | 1998 | 11       | M   | Lung transplantation  | Bronchi-olivocal large, pleural drains       | <i>T. longibrachiatum</i>  | Lipid-associated amphotericin B                                | Death                                      |
| 14  | 18         | 1998 | 29       | F   | Small bowel and liver transplant  | Acute invasive sinusitis                     | <i>T. longibrachiatum</i>  | AmB followed by itraconazole, surgical debridement             | Healed                                     |
| 15  | 19         | 1992 | 44       | F   | Alcoholic cirrhosis, liver transplant                                   | Perihepatic hematoma infection               | <i>T. viride</i>           | AmB, fluconazole   | Died (day 91; unrelated to fungal disease) |
| 16  | 20         | 1999 | 68       | M   | Chronic renal failure, renal transplant, moderate systemic hypertension | Disseminated                                 | <i>T. harzianum</i>        | None (fungal infection discovered in post-mortem)              | Died                                       |
| 17  | 21         | 2008 | 49       | M   | Alcoholic cirrhosis, hepatocellular carcinoma, liver transplant         | Infection of liver transplant                | <i>T. atroviride</i>       | Fluconazole, then replaced by voriconazole                     | Death                                      |
| Opportunistic infection in immunocompromised patients |            |      |          |     |   |  |                            |  |  |
| With hematologic/other malignancies                   |            |      |          |     |   |  |                            |  |  |
| 18  | 22         | 2007 | 16       | M   | B cell acute lymphoblastic leukemia                                     | Invasive Pulmonary Infection                 | <i>T. longibrachiatum</i>  | Voriconazole Combined with Caspofungin                         | Survived                                   |
| 19  | 23         | 2002 | 66       | F   | Malignant lymphoma  | sinusitis                                    | <i>T. longibrachiatum</i>  | AmB, itraconazole  | Death                                      |
| 20  | 24         | 1999 | 29       | M   | ALL, bone marrow transplant   | Disseminated                                 | <i>T. longibrachiatum</i>  | AmB, itraconazole  | Died (day 38)                              |
| 21  | 25         | 1997 | 11       | M   | Severe aplastic anemia  | Skin infection                               | <i>T. longibrachiatum</i>  | AmB, then ABLC   | Survived                                   |
| 22  | 26         | 1995 | 17       | F   | ALL, prolonged neutropenia  | Brain abscess                                | <i>T. longibrachiatum</i>  | Surgical resection, AmB and SFC, or ketoconazole, itraconazole | Survived                                   |
| 23  | 27         | 2005 | 54       | F   | LAM, demolemy   | Pulmonary infection                          | <i>T. viride</i>           | Liposomal AmB, then voriconazole and caspofungin added later   | Survived                                   |
| 24  | 28         | 1995 | 45       | F   | Erythroleukemia, BMT  | Disseminated                                 | <i>T. pseudokoningi</i>    | Fluconazole, AmB, ABLC and SFC                                 | Died (day 43)                              |
| 25  | 29         | 2008 | NK       | NK  | LAM   | Pneumonia                                    | <i>T. atroviride</i>       | NK   | Survived                                   |
| 26  | 30         | 1976 | 46       | M   | Chronic lung disease  | Pulmonary mycetoma                           | <i>T. viride</i>           | Surgical resection   | Cure                                       |
| Miscellaneous infection                               |            |      |          |     |   |  |                            |  |  |
| 27  | 31         | 1969 | 26       | F   | IV infusion contaminated with <i>Trichoderma</i> species                | Blood  | <i>Trichoderma</i> species | Amphotericin B   | Cure                                       |
| 28  | 32         | 2000 | 66       | M   | Aorta replacement   | Endocarditis                                 | <i>Trichoderma</i> species | Graft replaced, antifungal NS                                  | Cure                                       |
| 29  | 31         | 1989 | NS       | NS  | NS  | Keratitis                                    | <i>Trichoderma</i> species | NS   | NS   |
| 30  | PC         | 1992 | NS       | M   | None  | Keratitis                                    | <i>T. viride</i>           | No antifungal  | NK   |
| Others  |            |      |          |     |   |  |                            |  |  |
| 31  | 32         | 2003 | 52       | F   | Chronic sinusitis, atopy and asthma                                     | Sinusitis                                    | <i>T. longibrachiatum</i>  | Itraconazole   | Healed                                     |
| 32  | 33         | 2000 | NK       | NK  | NK  | Otitis                                       | <i>T. longibrachiatum</i>  | NK   | NK   |

LAM, acute myeloid leukemia, ALL, acute lymphatic leukemia, BMT, bone marrow transplant, CAPD, chronic ambulatory peritoneal dialysis, M, male, F, female, NK, not known, NS, not specified, PC, personal communication, AmB, amphotericin B.

The organism was tentatively identified as a species of *Trichoderma* based on its growth characteristics and the appearance of the conidia [4].

The fungal culture obtained from the fluid puncture specimen was sent to the National Centre of Reference of the Mycology and the Antifungals "Pasteur's Institute of Paris", for species' identification and sensibility study.

The molecular analysis of ribosomal DNA internal transcribed spacer (ITS-1 and ITS-2) sequences revealed that the isolate was *T. longibrachiatum* [5].

Antifungal susceptibility was determined with European Committee on Antimicrobial Susceptibility Testing (EUCAST) standardized methodology [6]. It revealed that the organism was resistant to itraconazole (minimum inhibitory concentration (MIC),  $\geq 8$   $\mu\text{g/ml}$ ), intermediate to amphotericin B (MIC, 1  $\mu\text{g/ml}$ ) and sensitive to voriconazole, posaconazole and caspofungin.

## DISCUSSION

Fungal infections by *Trichoderma* continue causing morbidity and mortality in immunocompromised patients. *Trichoderma* spp. had been reported as causes of opportunist infection in humans in 33 cases. Most reported cases are included in risk population: continuous ambulatory peritoneal dialysis (CAPD) patients (10 cases [7-16]), immunosuppressed patients after solid-organ transplantation (6cases [17-21]) and with hematologic or others malignancy (9cases [22-30]). Beside *Trichoderma* species disseminated infections, many localized infections had been described in the literature, such as, peritoneal, pulmonary, hepatic, brain, etc... In our case, the patient presented a skin infection, the old intertrigo lesion was probably the portal of entry. A similar superficial infection was described previously in paediatric patient with severe aplastic anaemia [25].

Overall cases, survival were 47 %. Regardless of the disease type and the therapy used the prognosis for *Trichoderma* infection is usually poor. While *Trichoderma* species have been recognized to be pathogenic in profoundly immunosuppressed hosts, the case number 19 was the first report of the primary oral focus causing a fatal infection in immunosuppressed host [23].

Regarding the species' identification, the definitive diagnosis is difficult to achieve because of the lack of specific diagnosis tools. Actually, species identification can benefit from a molecular approach. For our patient, such methods provided the definitive identification of this saprophytic fungal organism isolated from a human host.

Six species of the genus *Trichoderma* (*T. longibrachiatum*, *T. harzianum*, *T. koningii*, *T. pseudokoningii*, *T. viride* and *T. citrinoviride*) have been identified as etiologic agents of infections in immunocompromised hosts. More recently, a seventh species was implicated for the first time; *T. atroviride* was isolated from a liver transplant [21].

*T. longibrachiatum* is the main human pathogen species within

the genus and had been isolated with increasing frequency in recent years. Table 1 summarizes 14 cases of *T. longibrachiatum* infections in human reported to date.

Potential virulence factors of *T. longibrachiatum* as an opportunistic pathogen include the ability of mycelia growth at 37° C and physiological pH, haemolytic ability, toxicity to mammalian cells [36], the production of extracellular proteases [37] as well as the generally high levels of resistance to antifungal compounds including fluconazole, itraconazole and in some cases also amphotericin B [38].

We found only 3 other published cases of *T. longibrachiatum* infection among solid-organ transplanted patients. Invasive pulmonary *T. longibrachiatum* infection was fatal in one patient, he had undergone lung transplantation because terminal respiratory failure due to cystic fibrosis [17]. In the 2 other cases, the patients survived; the first had undergone liver transplant because of hepatitis C virus-induced cirrhosis, he developed subcapsular hepatic collection to *T. longibrachiatum* successfully treated by surgical debridement and povidone iodine, the second developed an acute invasive sinusitis due to *T. longibrachiatum* after undergoing small bowel and liver transplant and had successful treatment with surgical debridement and long-term antifungal therapy [17, 18]. Our patient's features were different: the invasive fungal infection was confined to the skin, and only fluid puncture and skin biopsy samples were found to contain filamentous fungal elements. Our patient had a favourable clinical outcome, with only antifungal therapy.

For our patient, susceptibility tests of *T. longibrachiatum* isolates were performed with use of the EUCAST standardized methodology. The MICs for the patient's isolates were as follows:

amphotericin B, 1  $\mu\text{g/ml}$ ; flucytosine,  $\geq 64$   $\mu\text{g/ml}$ ; itraconazole,  $\geq 8$   $\mu\text{g/ml}$ ; voriconazole, 0.5  $\mu\text{g/ml}$ ; posaconazole, 0.5  $\mu\text{g/ml}$  and caspofungin, 0.5  $\mu\text{g/ml}$ . Fluconazole was not tested. These results are in keeping with the reported cases [17, 39].

Usually, patients were initially treated with amphotericin B (14 cases). Actually, other therapeutic options are available, such as voriconazole and caspofungin. Our patient is the fourth reported case treated with non amphotericin antifungal drug. Voriconazole and caspofungin have been shown to be effective in vitro against filamentous fungi, including a strain of *Trichoderma* with a MIC of 0.25 and 0.5 mg/L, respectively [39]. A more recent study demonstrated reduced activity of fluconazole and amphotericin B and higher in vitro activity of voriconazole against clinical and environmental *Trichoderma* isolates [40]. Our antifungal susceptibility testing showed in vitro sensitivity to voriconazole and caspofungin and the patient was successfully treated with voriconazole. In some cases given the lack of information about the efficacy of caspofungin or voriconazole monotherapy for *Trichoderma* infection in immunocompromised patients, they administered both drugs during the patient's acute phase. This combination proved very effective and was probably enhanced by leukocyte recovery [22, 27].

In conclusion, *Trichoderma* infection could be misdiagnosed as other types of hyalohyphomycosis. The risk factors of the host



could affect the success of therapy. The correlation between in vitro test results of antifungal susceptibility testing and clinical response remains difficult to interpret.

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